



# REVERSE ADVENT CALENDAR

Christmas should be a special time of year – but for many of the families we work with it can be extremely difficult. Our Reverse Advent Calendar is a way for us to **collect food** and **special items** for our families living in poverty around **Morecambe Bay** to give them a treat at Christmas time! There are lots of practical things in there and a few treats too.

Please start your reverse advent calendar from the first or second week in November or thereabouts so that you have time to collect things and give them to the Foodbank before **December 14th** when we plan our **Christmas boxes**.

**THANK YOU SO MUCH FOR YOUR SUPPORT!**

1  Tinned Potatoes or Vegetables	2  Steamed Puddings	3  Crisps	4  Custard
5  Wrapped Biscuits	6  Gloves or Scarves	7  Tea and Coffee	8  Tinned Fruit
9  Tinned Ham or Meat	10  Jams and Honey	11  Long Life Milk	12  School Socks
13  Hot Chocolate	14  Tinned Potatoes or Instant Mash	15  Long Life Juice	16  Instant or Tinned Soup
17  Shower Gel, Bubble Bath or Shampoo	18  Christmas Pudding	19  Pasta Sauces	20  Hats
21  Christmas cake	22 Text <b>BANK30 £3</b> to <b>70070</b> Donate	23  Tinned Pies or Tinned Meat or Stew	24  A Selection Box of Biscuits or Chocolates

The Morecambe Bay Foodbank is supported by the following fantastic organisations:



For information about getting your donations to us please go to our Facebook page, our website, [www.morecambebay.foodbank.org.uk](http://www.morecambebay.foodbank.org.uk) or call us on **01524 874 004**.